

Otto: My name is Otto Snow and this is my friend Scott Malette And Scott helped me to clean my parents house, in the Summer of 1983. I had come back down from the mountains because my folks have needed me. They had sold their house. My mother and father were in no shape to do anything. My mother was hallucinating and my father was drinking. Got them into the hospital and we started cleaning the folks house. What a surprise that was

Scott: I remember seeing those barrels. I mean 30 gallon trash barrels full to the brim with drugs. Everywhere we looked we kept finding more. We'd open up closets and there was more and drawers there was more.

Otto: Oh. It was everywhere. The thing that had got me was these big packages of these rolls of what do they call- plastic where you pop out the pills. They said not for institutional- for institutional use only. Not for resale and finding those things in there. I remember seeing the detail as they call them pharماسuetical reps going in and out of doctor Hughe's office with cases and cases every time I would go there. My mother, when she would go there she would always come back with a box of these drugs. And I didn't know the extent of it. I would have dinner with them or stay there, but I never looked in any of their drawers. Anytime I would go over to Hughes he would give a prescription for three months of a controlled substance plus free sample.

Scott: He's pushing them?

Otto: yeah can remember my dads tool bench when we pulled those drawers out and he had that secret stash with whole bottles underneath.

Scott: no

Otto: that was incredible

Scott: lot of liquor in there for sure.

Otto: yeah oh my god I never seen so many controlled substances in my life

Scott: it was quite staggering I remember there was just drugs everywhere

Otto: it was all those free sample things that he had been doling out. After she signed for, she thought it was an insurance form it was for electroshocks. She was gone after that, fried her. Couldn't drive or.

Scott: yep she wasn't the same after that, I remember that much.

Otto: oh it was wicked. And then got her to Maine to get away from these, get away from Hughes and get away from von olden burg and I called the state and one fed and no one wanted to do anything about investigating him or stopping him. We saw all this all over the house and we got nowhere with it. That was it I was trapped. I was 27. Did you come up into Maine when I first went up, when she was still really wonky or?

Scott: when I first had that house built yeah I came up and I visited you once there.

Otto: yeah

Scott: I think that was right before they raided.

Otto: yeah cause after I got it to grand parents that's when Dr Fleishman cut those meds.

Scott: oh yeah

Otto: and then she came out of it but she would never drive after that. She couldn't cook, had to teach her how to cook again. I'm not the greatest teacher of cooking but, and dad had survived the cancer so hopefully i'll get the other videos. What id really like is John Middleton to step up and do a video and explain what he saw and what he went through with his wife. And what is cost him in his life

Scott; yeah

Otto: cause folks gotta do away with the shame. And well see what happens with it

Scott: Inaudible knew a lot of people that doctor Hughes went to and every one of them seemed to be on the happy pills.

Otto: yeah and not only that they were being sexually assaulted a lot of them. And John can provide more info on that

Scott: My doctor concurred that he saw some strange behavior from his ex patients once doctor Hughes left practice. My doctor took over some of Hughes patients and he was pretty surprised at their behavior.

Otto: you know what I'd like to do is get everyone together, cause we all need to heal. And (inaudible)

Scott: he certainly inaudible nashua

Otto: I went to St Joes and I had some fine doctors and surgeons, so hasn't my father. This man was a menace to any community.

Scott: a predator for sure.

Otto: yep. And If you went up against him he would attack you with all sorts of psychiatric diagnoses. And they would try to push pills on you to handle you and control you. And he used shame. It was a lot of shame after the woman were assaulted they didn't want to talk about it. And sometimes it's better to talk about it and let it out so then the healing can begin.

Scott: that's right.

Otto: i'm hoping that maybe with the release of the information i'm going to do that other people can link on my site and explain what was done to them and I don't know. Just wiped my life at 27.

Hopefully this will, I think this will be good enough. At least the folks around me will have an idea that there's more to come. Maybe they'll be- from being expose to all the horrendous treatment that she received for over a period of a month. And those horrible electroshocks that no one wanted. I have a real hard time with medical environments

Scott: yep, I was pretty surprised by your moms condition after that. She was totally different woman.

Otto: and you know what he was doing. She was having toxic reactions to the Elavil and he kept pushing it and its genetics, so he wants me to get on these damn things. And they would make me sick to, so you got to be careful with these doctors want you to take. We're the ones taking this stuff, it's our bodies, our minds.

Scott: yeah I know more (inaubdible0 with your doctors and they have to listen to you as much as you have to listen to them sometimes.

Otto: oh yeah I think over the years we figure out what works with us and what doesn't. And we have to be responsible with our use of any of these medications. And selling not selling but tooling out all these pills. First addicting woman and then assaulting them and like my mother frying her brain. You know its um, if people would put in complaints with the state which isn't very hard, they would look into this physicians. and some of the physicians they're human, they have problems also. Doctor Blackburn none of nurses would come forward that he was abusive to his staff and he wound up breaking every bone in his wife's body and putting a bullet in her head and putting one in his head, and then afterwards we hear from all these nurses of how bad he was. Not one of them put in a complaint with the board

of federal- board of professional regulation in Florida. Now two children are without parents

Scott: that's sad

otto: it is, it really is. they would have sent someone in just to see whats going on, and pull doctor blackburn into earth you know. Their not going to take his license or anything. They just want to make sure he's stable for his health as well as the patients he's treating. Look at Hughes, how many people put in complaints. they were seeing what's going on. the entire city of nashua knew that he was easy with drugs. And a lot of folks knew that he was sexually assaulting woman. So I just hope that folks that see these videos what I've been through, more will come forward and maybe we can get together at inaudible park or something all hold each other

Scott: that'd be fun,

Otto: and hopefully heal from this. It's always good to see you Scott, I haven't seen you in so long.