

## **INVALIDATION**

David M. Allen M.D.; *Invalidation of Patients by Therapists: "Job's Counselors"*; February 27, 2018; *Psychology Today*

---

An experimental manipulation of validating and invalidating responses: Impact on affect, motivation, and cognitive flexibility  
Cinthia Benitez, M.A.; Graduate Program in Psychology; The Ohio State University 2018

---

Benitez, C., Howard, K. P., & Cheavens, J. S. (2020). The effect of validation and invalidation on positive and negative affective experiences. *The Journal of Positive Psychology*, 1–13.  
doi:10.1080/17439760.2020.1832243

---

Greville-Harris M. Importance for patients of feeling accepted and understood by physicians before and after multimodal pain rehabilitation. *Scand J Pain*. 2017 Oct;17:228-229. doi: 10.1016/j.sjpain.2017.08.011. Epub 2017 Sep 12. PMID: 28919153.

---

Greville-Harris M. Importance for patients of feeling accepted and understood by physicians before and after multimodal pain rehabilitation. *Scand J Pain*. 2017 Oct;17:228-229. doi: 10.1016/j.sjpain.2017.08.011. Epub 2017 Sep 12. PMID: 28919153.

---

Fuel in the Fire: How Anger Impacts Judgment and Decision-Making; December 2010; DOI:10.1007/978-0-387-89676-2\_17; In book: International Handbook of Anger (pp.287-310); Paul Litvak, Jennifer S Lerner, Larissa Z. Tiedens Katherine Shonk

---

Sheridan Rains L, Echave A, Rees J, Scott HR, Lever Taylor B, Broeckelmann E, Steare T, Barnett P, Cooper C, Jeynes T, Russell

J, Oram S, Rowe S, Johnson S. Service user experiences of community services for complex emotional needs: A qualitative thematic synthesis. PLoS One. 2021 Apr 29;16(4):e0248316. doi: 10.1371/journal.pone.0248316. PMID: 33914750; PMCID: PMC8084224.

---

The Need for Validation and the Consequences of Invalidation; Khiron Clinics; June 4, 2020

---

The Impact of Validation and Invalidation on Affect and Learning Task Performance; Thesis; Ciara Lee Stigen, B.A. Graduate Program in Psychology; The Ohio State University 2011

---

Does Emotion Invalidation Cause Emotion Dysregulation? Evidence from a Healthy Sample of College Students and Implications for the Development of Borderline Personality Disorder; Melissa Jean Zielinski; 5-2013; University of Arkansas, Fayetteville

---

The Impact of Validating and Invalidating Responses on Emotional Reactivity; February 2011 Journal of Social and Clinical Psychology 30(2):163-183; DOI:10.1521/jscp.2011.30.2.163; Chad E Shenk; Alan E. Fruzzetti

---

Weber DM, Herr NR. The Messenger Matters: Invalidating Remarks From Men Provoke a More Negative Emotional Reaction Than Do Remarks From Women. Psychol Rep. 2019 Feb;122(1):180-200. doi: 10.1177/0033294117748618. Epub 2017 Dec 22. PMID: 29298582.

---

Weber, D. M., & Herr, N. R. (2017). The Messenger Matters: Invalidating Remarks From Men Provoke a More Negative Emotional Reaction Than Do Remarks From Women. Psychological Reports, 122(1), 180–200. doi:10.1177/0033294117748618