

Otto: Okay, well, I don't know how to do it any other way other than to name the doctors.

Unknown: I would go ahead and name them, but remember you don't have to say anything that you don't feel's the truth.

Otto: Say truth everything. What's your name?

Marie: Marie Paul Snow.

Otto: And can you describe the conditions you have right now as far as your eyes and your heart.

Marie: Well my eyes, the retina is deteriorating, I have heart disease now

Otto: Ischemia

Marie: Ischemia, heart disease I have emphysema

Otto: You also have cataracts

Marie: yes

Otto: And how about glaucoma?

Marie: No

Otto: Okay maybe what we should do is go into the time pair between 1973 and to 1983 when you were being treated by Dr. Hughes. And what I was interested in is primarily what you had for symptoms that you were going through as far as your bowels your respiratory.

Marie: Yes I had colds a lot and virus. Then I had problems to sleep.

Otto: Yep. Did you also have constipation.

Marie: No not that I (inaudible)

Otto: Did you have bronchitis a lot

Marie: Yes

Otto: How about your throat and your digestive tract did you have problems there?

Marie: No

Otto: These sleeping disorders can you remember what you were being prescribed for these medications?

Marie: Dalamine 30 (mg) to sleep

Otto: Yep

Marie: I was prescribed Elavil

Otto: It was 25 mg I think

Marie: Yes

Otto: You had mentioned to me something about the way that he wrote out the prescriptions different than the way he wanted you to take these.

Marie: No

Otto: Did he provide you with free samples of the medications.

Marie: Once in a while inaudible

Otto: Did he give you large samples of free medications?

Marie: Well sometimes, sometimes it was small samples.

Otto: Like hospital packs

Marie: Yes

Otto: Those big strips, things like that, boxes of the medications

Marie: No inaudible

otto: when you were taking the cough medicine, I noticed he prescribed a lot of cough medicine. did you always take the cough medicine or did it bother you

Marie: Yes I took it as long as I had the cough

Otto: Did it bother you in any way?

Marie: I can't remember

Otto: Yeah

Marie: that's too long ago.

Otto: What about his comments towards myself or other patients he had. Did he like me or like his other patients

Marie: I can't remember about those things, that's long time ago

Otto: like his comment about the attorney, something about an attorney he was making comments about.

Marie: I can't remember that.

Otto: About ken

Marie: Oh yes but that was inaudible

Otto: Do you think you could describe that?

Marie Lets just say inaudible he'd do crazy things

Otto: Can you describe what types of crazy things he said about ken

Marie: No he said he do crazy things.

Otto: There wasn't anything that you can remember about children.

Marie: No.

Otto: Let me see why don't we just move on to when you were hospitalized. Okay. Before being hospitalized can you describe how you felt,

Marie: Well I felt like my head was (inaudible) and I couldn't concentrate

Otto: Did you have problems walking?

Marie: no

Otto: You had mentioned too about the ants in the cellar, bugs or something

Marie: Oh yes there was lots of ants in the cellar cause I went and sprayed them,

Otto: We'll just move on. When you went to the hospital can you remember anything as far as going into the hospital what had happened at that point?

Marie: Well they gave me a shot and I just went out I was out for- I must have been out for a week. I don't know it might not have been a week

Otto: Yeah okay did you have anything right weird after the shot, after you went out. Did you have any adverse effects, see anything, hear anything

Marie: When was that?

otto: after they gave you this injection after you went into the hospital did you see anything strange or weird do you remember any of that?

Marie: no.

Otto: When you came out of this thing did you, did they give you laxatives or anything like that?

Marie: I can't remember.

otto: how about could you remember which nurse gave you that injection.

Marie: No

Otto: When you gave out of this did they give you and enema or anything when you came out of it?

Marie: No, they did the second time that I went in

Otto: Okay. after you got out of the hospital I noticed in your records that you were being given 75 mg of the Elavil before you had been taking what was it- do you remember what you were taking before.

Marie: 75

Otto: can you describe what happened when you came back?the feelings that you went through during that time?

Marie: I was scared and could hear people down cellar. And I thought that they were breaking in.

Otto: yeah anything else?

Marie: no

Otto: were the ants back again?

Marie: I didn't go down cellar

Otto: okay, you felt very depressed at that point or?

Marie: I was scared

Otto: were you confused or any other?

Marie: yes

Otto: do you remember your eating habits?

Marie: no

Otto: in your records it said that you slashed your wrists did you have any recollection of that at all?

Marie: no but I remember that there was blood

Otto: yeah okay. did you all of a sudden become not confused when you went back into the hospital?

Marie: no.

Otto: you were still confused

Marie: yeah and I was- they gave me things and I went- I would hear all kinds of things

otto: yeah

Marie: and I would hear dogs, and I would hear doctor Hughes and you would hear children and-

Otto: can you remember the medications that they were giving you?

Marie: No.

Otto: Do you remember them giving you the medications.

Marie: oh yes they gave me a lot of medications

Otto: In the beginning when you went a second time do you remember being given any injections or

Marie: no

Otto: let me see.

Marie: they would give me things to sleep and I watched the light and then I could see ants on the light, and then I could hear nurse and the doctors. They were talking again down the hall and they were laughing

Otto: Yeah. As far as -You were giving- Dr Hughes I remember him coming in and he wanted you to sign some sort of paper can you describe that?

Marie: no it wasn't him that came in

Otto: yeah no what I'm talking about was when was the argument he wanted to give you shocks or some sort

Marie: no that was the nurse that come in and she said it was some kind of paper that I should sign and then you come in and she would go out with the paper.

Otto: yeah.

Marie: finally one time I must have signed it

Otto: did they tell you what the paper was for?

Marie: I thought they said it was insurance.

Otto: was that Karen who was bringing in the paper?

Marie: I don't know

Otto: Can you remember the argument for when doctor Hughes dropped you as a patient.

Marie: yes. Because we asked for a second opinion for shock treatment and he said he wasn't going to have second opinion and he didn't want to have anything to do with us.

Otto: yeah

Marie: and that's when dad his throat was bothering him and dad asked him to look at his throat and he said no he wouldn't and that's when dad started cancer of his throat.

Otto: let me see can you remember

Marie: they gave me two shock treatment

Otto: yeah can you remember both myself and dad saying no electro shocks and a second opinion.

Marie: yes, hurry up I'm tired

Otto: okay well. At one point the nurses you were telling me they didn't want you to have any water. I had gone in there quite a few times and you didn't have enough water.

Marie: yes

otto: even after the electroshocks were done can you describe anything about that.

Marie: no

Otto: did doctor Fontana come see you?

Marie: yes

Otto: and what did he have to say

Marie: and he said that I was alright that I was fine, he check my chest and said that I should be going home. And doctor von olden burg came and he said what you need is good food and to put on

weight and you have to put on five lbs and then you can go home. And they brought me the best of food that there was. I had roast beef, I had steak, I had scallops, I had fried chicken. I had all kinds of good food and I put on weight. And then (inaudible) kept coming back everyday.

Otto: for the year that you went and saw dr von olden burg how did you feel

Marie: i started to feel some better

Otto: could you concentrate?

Marie: I could cook.

Otto: yeah, could you concentrate on a number of things.

Marie: yes I could drive, then all of a sudden I couldn't drive anymore

Otto: were your eyes blurry or anything?

Marie: no

Otto: dryness sleep problems

Marie: no

Otto: so when you came to Maine how did you feel about , you went and saw Dr Fleishman.

Marie: yes and he was very good, he was the best one, and he was the one who helped me cause he cut out all of those junkie pills that von olden burg was giving me. And I went down from- I was taking like 15 pills a day and he cut me down like 4 or 5 a day different pills.

Otto: another thing do you remember the story about Dr Dunbar and his wife.

Marie: I don't want to repeat anything like that.

Otto: that is what Dr Von Oldenburg told us

Marie: well I don't want to repeat anything like that, okay I'm tired
Otto.

Otto: did Dr Ketchum did he treat you well?

Marie: yes he did. He didn't change any of the medication.

Otto: yeah

Marie: he said not to increase it or anything.

Otto: yeah, did he tell you anything about when you mentioned to him about what had happened, what he told you (inaudible)

Marie: no

Otto: I can't think of anything I could ask you (inaudible)

Marie: well I'm trying.

Otto: I know your trying mom.

Marie: its very tiring to remember seven years ago Otto.

Otto: yeah I know

Marie: I remember they wouldn't let me smoke. I had to go to the counter and they would give me one cigarette, and I could have one cigarette an hour and that was it

Otto: as far as-I was wondering if you could remember it all when he prescribed you writing a prescription take two a day a prescription that was two a day something about he was saving you money you didn't have to take that many

Marie: who was that?

Otto: doctor Hughes

Marie: no, your getting me confused now, you're going from one into another one

Otto:sorry I just wanted to see if you can remember these things, I think you're having a hard time remembering a lot of them.

Okay your on now

Marie: yes

Otto: there's a few things that you remember

Marie: few things I remember, yes last night I thought I would mention it today. One thing one day I opened my eyes I was asleep I opened my eyes and he had this face right onto my face and was looking in my eyes

Otto: who was that now

Marie: Dr Hughes. And then my son came in and asked him what he was doing, and he said he wasn't doing anything. And then I remember the rage that he went in when we asked for a second opinion. He stormed out of the room and said that he wasn't going to have anything like that. That His word was good and he didn't accept second opinion, and we had to get another doctor

Otto: this occurred at 2nd hospitalization

Marie: yes

Otto: and you were in the hospital room at this time.

Marie: yes

Otto: when he was- was he grasping you at all, can you remember anything about if he was grasping you

Marie: no

Otto: okay. And another thing too was when he stormed out of the room did you get very upset over this.

Marie: yes

Otto: and this at that time was there any procedure or paperwork that he wanted to have you sign

Marie: no

Otto: you can't remember that. Let me see

Marie: not that I can remember

Otto: yeah okay

Marie: then I remember they would give me medication and then I would have terrible nightmare and I would hear dogs and they were in pack and doctor Hughes was the head of the pack that I remember

Otto: okay

Marie: and then I remember giving my rings to the nurse, my wedding band and my engagement ring so she would protect me against what was going on, there was hollering and yelling, and then she brought me into my bedroom and she said not to worry and that everything was alright

Otto: can you remember that nurses name or a description of her.

Marie: no I can't.

Otto: okay

Marie: then I remember doctor blesky when I would go to the desk to get a cigarette he was very rude, he didn't believe in anybody smoking, but I could have one cigarette any hour. and he would make me wait there he would make me wait ten of fifteen minutes for a cigarette. Then I would go and sit into the room where they had the tv and there were all kinds of people in the room and they would look at me strange and they were all strange people. And sometime they would talk to me and look at me strangely. And then there were people that were in the rooms and they would come in like for two days and they would go and they would come back for two days again. Then the nurse would check on me and after the doctor von olden burg took over he was a lot more understanding and he wanted to get me out of there. Where before that I had no hope I would get out of there.

Otto: did doctor Fontana say anything about doctor Hughes that you can remember

Marie: no

Otto: okay why don't I let dad talk and see what sort of information he can provide okay. You can stay there.

Harry: I don't have much.

Otto: well see what-

Harry: my name is harry snow and I'm the husband of Marie Paul snow who you have been listening to. We were both going to the same doctor to begin with. In my own estimation psychiatrist, not all psychiatrist, but many of them overprescribing medications that are not helping the patient,(inaudible) that instead of combatting what they have- is more than building up their ailment if you want put it in those words. And I think medical profession should go in deeper into this subject of psychiatry.

Marie (inaudible)

Harry:And the point of this is I feel not prescribing (inaudible) is better for the patient. Now in that one part where my wife had mentioned about the doctor storming out of the room, we found that that - we had merely asked to a second opinion and I cannot see how any doctor at any of those professions could ever be opposed to having a second opinion, that would be part of their education. And should be- they should not ignore it, its not hurting them its helping them

Otto: when he was stormed out of the room was this concerning about allowing them to give her electro shocks

Harry: that is correct. thats one thing I want to bring up. I am opposed to electro shock treatment. That to me reminds me of trying to electrocute the patient and not help them with electroshock, I would ban it.

Otto: he got mad because you wouldn't sign for having-

Harry: and we- the reason why he stormed out was we had stopped the continuation of electroshocks.

Otto: no this was previous to the electroshocks

Harry: no this was after them as I recall

Otto: yeah

Marie: Stop Dr. Hughes from giving the electroshock. My son an my husband had to go see a lawyer. And notify Dr Hughes and the hospital St Joesph hospital so that they would stop otherwise they wanted to keep on going.

Otto: you didn't want these shocks did you?

Marie: I didn't know what they were.

Otto: yeah. No one had explained to you

Marie: no

Otto: no one explained. Okay why don't I ask dad some more questions okay. You had gone to him for many years and did you notice any strange things as far as going to see him or receiving medications from him of the effects of these medications?

Harry: actually no, inaudible he was a doctor and he was prescribing what was necessary for my particular case.

Otto: you had mentioned to me before something about the Elavil causing you to have shakes?

Harry: yes and not only that I had spoken to other people that had Elavil and they also had the shakes trying to write or do something while your be all over the (inaudible) shaking

Otto: another thing I wanted to ask you had an operation. He did an operation on you face

Harry: yeah that was fun skin cancer

Otto: where was this done?

Harry: that was done in nashua outpatient

Otto: did he mention anything as far as him being qualified to do this beforehand or you should get an opinion of someone who was a surgeon

Harry: No there was nothing brought up about that. He merely stated that he could do it.

Otto: and could you discuss what had happened last year as far as this cancer that had supposedly been removed from your face

Harry: well apparently all over the cancer had not been removed. And it had progressed to a point where surgery being done was far more serious, (inaudible) exactly serious but would be more-

Otto: extensive

Harry: yeah more expensive and covered more of an area

Otto: another thing I wanted to discuss or ask you is when you were a patient of Dr Hughes did you had discussed about him not wanting- or you had some sort of throat problems when you were visiting as a patient

Harry: I cannot recall

Otto: I know there's something in the paperwork as far as you having supposed laryngitis

Harry: I don't know what that would be other than just I had a sore throat (inaudible)

Otto: after he went into a rage at this hospital because I guess he wanted this paper signed for electroshocks on mom, what did he do when you had asked him about your throat

Harry: he merely placed it that he didn't want (inaudible) anything to do with us and that we should get another doctor

Otto: ok and years later or the following year you had to undergo surgery on your throat.

Marie: that was a couple months ago

Otto: or a couple months later, you had to undergo surgery on your throat.

Harry: well actually it was they removed looking down my throat they removed a small tumor on my vocal cord and it turned out to be (inaudible)

Otto: it was removed by a surgeon, this was removed by a surgeon

Harry: yes

Otto: could you describe some of this

Harry: merely surgery on my vocal cords to remove cancer that had apparently had grown so that why my voice now is not that good cause they had to remove some of the vocal cords

Otto: radiation, after the first surgery you had to go through radiation?

Harry: yes if ? thought that in the event that they did not get say all of the cancer would be around that area that the radiation would be helpful to kill any cancer that would be there,

Otto: yeah

Harry: that they had missed (inaudible) that also prove to be effective for the first 6 months and then the cancer came back

Otto: when mom was going to see doctor von older burg and you were living in the apartment, what was her mental state at the point?

Harry: she had improved a great deal from being in the hospital, she seemed as though she was getting back to a little more normal however after getting back from the hospital and after the electroshocks I noticed there were many things she could not recall that she had done all of her life but could not remember how to do such a sewing.

Otto: ok-

Marie: I used to make all my clothes and I used to sew and now I can't even sew a button on a shirt, I tried. I cannot run the sewing machine so I think something erased part of my memory.

Otto: also I was wondering after you came out of the hospital and were being treated by doctor von olden burg can you give us a little information on your concentration and you fears, and things like that?

Marie: I really can't remember

otto: yeah, your memory only started to improve after going to doctor Fleishman and changing these medications

Marie: yes doctor Feishman was the one that helped me

otto: and he cut the pills off that you were being given.

Marie: yes

Otto: can you sew today

Marie: no

Otto: can you drive today

Marie: no

Otto: do you feel afraid of these individuals Dr Hughes? You wouldn't want to go back to them to have him treat you would you?

Marie: no but I'm not afraid of him

Otto: do you feel that he's a powerful man

Marie: yes

Otto: do you think that he's an evil man

Marie: in some way because he talks about other patient, the patients that leaves he talks about them when they left

otto: with other patients?

Marie: yes

Otto: you had mention I probably asked you earlier when I began going over to attorney Churbuck's office and he was showing me how to run business programs and how to run various computers can you recall anything he did as far as me being friends with this attorney?

Marie: well he said he was an alcoholic and he was doing all kinds of crazy things when he had the drinks, and he didn't think he was a good influence on anybody?

Otto: yeah, he didn't want me to associate with him

Marie: no

Otto: did he make any inferences as far as his strange behavior what he would do?

Marie: no

Otto: you don't have to be afraid as far as this thing with the children or the little boys

Marie: that I can't remember, what I can remember is he said he put bonnet, that's all what I can remember

Otto: okay, okay fine, well we'll cut the software right here unless you have anymore you want to-

Harry: its fine (inaudible)

Otto: there was one thing I wanted to ask you, when doctor hughes wanted signature for electroshocks or ect did you receive any explanation?

Harry: nothing was of any significance, was said other than it would be helpful but as far as anything (inaudible) it was not brought up, it wasn't until later on, that we (inaduble) that the electroshocks in many cases would erase parts of the memory. And this is what I had seen with my wife when she was so capable of various things and now those parts of her memory have been erased and she cannot remember

Otto: do you feel that it is (inaduble) years to come

Harry: well it (inaduble) that she can't remember the things that she could do before

Otto: and these things were dear to her?

Harry: that is correct

Otto: did any of the nurse explain the dangers of hazards

Harry: no nothing was brought up to that effect

Otto: so you told him directly that you did not want electroshocks done on-

Harry: its when you and I spoke to the lawyer and he wrote the note so that the electroshock note would discontinue and it made him angry

Otto: but in the room when he went into that rage you had told him that you didn't want the electroshocks

Harry: that's right, that was after he received the letter from the lawyer

Marie: that he stopped

Harry: the discontinuing of electroshock treatment

Otto: that about sums it up ill give my information now-

Hello my name is Otto Snow I'm harry and Marie's son and I also went to Dr Hughes as a patient and I will try to do a summary of this and explain a little more in detail what had happened and what went on over a period of years in 1973 I began to see Dr Hughes I was suffering form allergies and I had them ever since childhood I had

migraine headaches. I was hospitalized before for migraine headaches. And I began seeing him to give me the allergy injections. An allergist that I had would mail the serum to him, and I would get these injections, before coming to see him I had been having these injections for many years no problems whatsoever. When I started to go see Dr Hughes he was continuing to give these injections, and I was reaching injections and the solution was a 1/10th dilution solution of these allergens, that I was receiving injection, the allergist had sent a bottle of full strength solution, I began getting severe reactions from these injections. My arm they were given inter muscular, and the allergist had always told me that I should be given these subcutaneously. I always said to the nurses don't inject it into the muscle just slide it under my skin. The adverse effects of these injections were my arm would swell up double its size, it would be as though I had been punched several times on my arm. It would itch and I would become very hyperactive. Problems breathing and I was prescribed Dr Hughes prescribed to me pvz, ephedrine, epinephrine or something also, meprobamate and repeatedly I said I did not want to get these shots anymore to my parents to him, and I didn't want to take these medications either. When I would take the meprobamate he was prescribing 400 mg three times a day and I felt like I was drunk. They were really potent on me. He gave me handfuls of free samples. Little bottles little plastic free sample bottles. I discontinued taking the allergy injections because of the severe reactions that I was getting of them. I figured that the allergies it was better to have the allergies than the injections. The injections were worse than the allergies. So I discontinue those. Throughout the years that I was his patient I was prescribed quantities of free samples, triazines, prazepam, dalmanes, valiums, librium, all sorts of these medications in large size boxes. I noticed there was problems with my parents receiving these medications. The medications that they were getting. Would you let me finish this thing. I'll say right now that both my parents are very hesitant about giving even the slight bit of information. for years it was a horror that I could not get away from him, get them away from him. Family life was almost impossible to deal with. Ma I go to work on this, go sit down, she gets upset when I discuss this. Anyways I continue to go and see him I started in 1973 and receive all of these medications, I would mention to him that

there was problems with the folks, that I didn't think he should be prescribed these Elavils that I noticed them shaking. My mother having severe constipation, sleep disorders for many years. I got to put it on pause for a minute and take a break. Back again. Over the period of years I could notice in my parents that they were having muscle twitches, tremors, sleep problems. My mother was having severe mood swings. I attempted to stop them from going to see him which proved useless. I would go also to the physician and say I think it was the medications that you've been prescribing he prescribed Librium and pariactin to my mom for three years straight. She had problems with her stomach and had problems with her throat, repeated respiratory infections, whatever bronchitis. Dr Hughes sent her to have X-rays done of her chest and I have many of the records here and I would like to refer back to these, because I think they give a clearer picture of what had happened and what was going on. Okay in 1976 at St Josephs hospital the X-rays report said that she had a normal gall bladder, and the chest it said the heart is normal in size and shape, the lungs are hyper expanded, the lungs are free of active infiltrate no bony abnormalities no soft issue abnormalities. opinion pulmonary emphysema. The thyroid was normal and I would like to go through and I can't make out exactly the date here. I would have to go through the other files to see if I could- I got a clearer copy looks like 1970 chest, (inaudible) pulmonary emphysema. my mother at that time was age 49. So I think that that was, well you can work out the dates on that. The date must have been 1974 approximately. At that time he switched he medications to Elavil. From the beginning of her going to see him she was prescribed Dalmane 30 mgs for ten years straight at bedtime. She complained continuously of sleep problems even when taking the Dalmane. She always complained she never had a good nights sleep. The free samples of Dalmane, there was large hospital boxes of free samples were given to her by doctor Hughes, it came in a laminated strip, that would come out with the Dalmanes on them, the side it said something that for institutional use only. not for resale. I contacted the FDA to find out more about, benzodiazepam type sedative hypnotics such as Dalmane its generic name is flurazepam. They were very good at providing a trickle of information for me. And I would like to read a part of a paper its called making it through the night, its by Judith willis its a publication.

its a reprint from an FDA consumer and well read some of this, "sleeplessness was in the news when the news was no more than gossip. Today is no different except nowadays drugs are often used to induce sleep. This article examines the safety of some of those drugs as well as coping with the problem without chemicals. A study on sedative hypnotic drugs issued by the national academy of sciences institute of medicine conducted the study at a request from the white house, office of drug policy and the national institute on drug abuse. Of significance to insomniacs seeking prescriptions drugs was the institute of medicines report advice reports advice to physicians to restrict the use of sedative hypnotic drugs to short term treatment of insomnia. The institute found little evidence that sedative hypnotics in general continued to be effective when use nightly over long periods, indeed sleep laboratory research on sleeping pills shows that practically all lose their sleep promoting effectiveness after 3-14 days of continuous use. Of the sedative hypnotic benzodiazapines , most widely prescribed was Dalmane, I guess now is halcyon, which is the latest version, most notably Dalmane however there is now evidence that benzodiazepines suppress sleep stages 3 and 4. Go through this a little bit here. I'll read from the physicians desk reference which I have found to be grossly inadequate. (inaudible) by Martindale is a little bit more comprehensive in order to get a full understanding of bow these medications work is by looking into other journals articles and medical books. Anyways in the pdr it says Dalmane has been determined to be effective for at least 28 consecutive nights since insomnia is transient and intermittent, the prolonged use of hypnotics is not indicated. No I'm not through let me go through with this thing.

Marie: you said it was for me

Otto: and for me let me continue with this.

Marie: cause you can't (inaudible)

Otto: okay

Marie: I don't know why (inaudible)

Otto: I was reading in the book principles of neurology by Adams this was in St Joseph's library the edition I'm reading from is copyright 1981. Flurazepam which is the generic name for dalmane reduces stage 4 sleep. And this is a comment that they put in here. The chronic insomniac who has no other symptoms should not be

permitted to use sedative drugs as a crutch on which to limp through life. The solution of this problem is rarely to be found in medication. One should search out and correct if possible any underlying or situational or physiological difficulty, using medication only as a temporary measure. My mother had various problems with her eyes early stage of treatment by Dr Hughes.

Marie: I did not, I did not

otto: okay. First I will read a paper. In July of 1980 she went to the retina associates in Boston Massachusetts and the summary of the report is, I'm happy to tell you that there is no abnormal leakage present in either retina a this time. There is good news .You should continue to see your optometrist for regular examinations but there in no need for you to be treated with laser or any other method at this time. You should use your eyes normally. Paperwork everywhere. (inaudible) form the Maine Eye care associates, this was after her being going through what had happened at St Joesphs hospital, pictures were taken at a laser lab as you know last week. The retina is perfectly intact the are both retinas show impairment of your circulation so that the retina and various center of your sight which is the part, the part which you need to read does not function as well as it used to. This in conjunction with very early cataracts has contributed to a gradual reduction in your vision. It is perfectly alright to go ahead and use your eyes as you want to. This has not (inaudible) any degeneration, however the cataracts get worse as you know and sometimes with retina condition slowly gets a little worse. It is for these to reasons that I would like to see you in about one year at my office. You can see that she was complaining of eye problems yes previous to her hospitalization. Changes were taking place at that time. I found information that (inaudible) or any of these anticholenergetic type medications. Would you let me continue with this.

Marie: you told us it was for (inaudilbe)

Otto: yes I said that I would give a statement. I can't have you pacing back and forth behind the camera. Go sit in the kitchen mom. While my mother was being treated by Dr Hughes. Dad this has got to stop. I've got to finish with this thing. My mother had came home and she said that Dr Hughes had mentioned that attorney Churbuck was suffering from some sort of mental disorder and was dressing little

boys in girls clothes and chasing them about and that I should not associate with this man. I went through the paperwork, his paperwork and it says that I'm going out with so and so attorney with big exclamation points after it. Another time I had told my mother not to take the medications any longer and to get another physician, it was driving me up the wall seeing what they were doing to my parents, sleeping disorders, the repeated bronchial infections, the hospitalization for my father twice under Dr Hughes's care. He wrote in her records that I was schizophrenic and that I should start taking alluvial at 3 times a day at a 25 mg dosage. Any alluvials that I was being given as free samples through my mother from doctor Hughes. I flushed them. I didn't want to take any of these medications. I have found out that its contraindicated to prescribe tricyclic depressants such as Elavil to schizophrenics because it exacerbates the disease. Ill go into the hospitalization at this point, this is getting (inaudible) Marie: you asked (inaudible) and now you are talking about yourself longer than what we have talked about. I think-

Otto: I have to continue with this I'm going to go do it outside. Going to make a check here to see if its picking up

Marie: Otto do you need this

Otto: no I don't need that.

Marie: I just want to make sure

Otto: thanks, well back again, at a spot where, okay, I might be able to- yep. I'm gonna discuss what happened previous to her hospitalization immediately before the hospitalization. I had moved up north I was living with my parents, I had moved up north, at home it was very stressful. The house looked more like a pharmacy than a home. The kitchen table was covered with, lets see right in the middle of the table, there must have been about 50 bottles of all sorts of prescriptions and various medications, free samples, there was a drawer next to the telephone that was completely full of free samples, and the bathroom, the towel, the closet for the towels was completely full. The shelves were completely full of free samples, psychoactive drugs, anything new that was given by doctor Hughes, by detail men by the pharmaceuticals was given to by the folks. Okay. Gonna have to pause this again until she (inaudible) a piece of toast, (inaudible) afraid to talk. Well I try to do the tape here. Maybe I won't be disturbed here. There's probably going to be an echo because I'm in

a small room. Previous to my mother's hospitalization I had moved up north. And she went to see doctor Hughes while I was up north. I received a phonemail that she needed my help. And her and my father was sick. And I asked her why she was sick, what was sick, and asked her and she said that she couldn't remember. I came home and she was walking around the house with her hands to her mouth like this and rigid mechanical movements, and I said have you been taking any medications. She said that she had gone to see doctor Hughes and that she had bronchitis, or what he commonly referred to what he called dry pleurisy, anytime she was sick it was dry pleurisy. I looked at the medications and she was being prescribed tetracycline, a cough medicine called phenergan DC, along with her usual Dalmane dc, Valiums, Elavil. At this time I speculated that it was an adverse drug reaction, and I phoned Dr Hughes. And I said to him that I will be taking her to the hospital because I can see that she is not well at all. She couldn't remember anything. Couldn't remember she ate. My father had been drinking. He didn't want me to bring her anywhere. Over the periods of years till this point, she had become retro shut in other than going for groceries couldn't get her out of the house. My father didn't mind that. He (inaudible) just stay in the house. I had told Dr Hughes in the past that my father drank and I don't think it was a good idea to prescribe tranquilizers to someone who drinks alcohol, and he said that the Tranzenes my father was being prescribed was very mild and not to worry about it. I brought a friend of mine helped me and we brought my mother into the hospital, St Joseph's Hospital in Nashua and immediately she was diagnosed as having depression. Well what I found since then is that these medications are not- shouldn't be mixed. Okay what I'm going to read is about the phenergan DC, one of the active ingredients in phenergan is called phenergan, it is a phenothiazine derivative with different structurally from the antipsychotic by the presence of a side chain substitution, it is thought this configuration is responsible for its relative lack in parathesis one tenth that of Thorazine of dopanergic central nervous system action. In here it says that promeazine may increase and cause problems in three parts- in three sections of this it mentions the sedative action of promeazine is additive to the sedative effects of other central nervous system depressants including sedative hypnotics, tricyclic antidepressants, and tranquilizers,

therefore these agents should be avoided or administered in reduced dosage to patients receiving 'phenothiazines'. There was no reduction in her being medicated, the dosage of any of these of the valium of the Elavil, or the dalmane. She was confused she had problems walking, couldn't remember. I brought her into the hospital. She was diagnosed as being grossly depressed. And a nurse by the name of Margaret gall I think he name was. She had braces, glasses, dark hair. I remember she had the braces and the dark hair. my mother was brought into a room on the fifth floor. And Margaret came in with a hypodermic needle and I asked her what was that, that she was going to be giving to my mother, and she told me that it was a tranquilizer something to calm her down. And I said I think that my mother is having an adverse effect to the medications, and I was told that we leave the diagnosis to the physician. So I asked her again what she was giving my mother and she avoided the question. I repeated a third time. At this time she told me it was thoradeazine, not thorazine, not haldol, not stelazine, but thoradeazine. She administered the injection to my mother and within ten or fifteen minutes she began hallucinating, dogs coming out of the tv attacking her. By this point she had taken on a fetal position. I went and I got the nurse, one of the nurses, and she came in and she said to me oh there's nothing wrong here, we have to wait until the drug effect takes full hold. She was panicking, I remember there was panicking hallucinating. I told her that I wanted hughes there, then right now and I wanted her out of the room she was in. She was in a room with a woman who had a brain tumor and was dying and she was cursing at my mother in French. I had pulled the blinds, the divider in between the bed and this woman had pulled the divider back and cursed more at my mother. I lowered the tv and the woman increased the volume on the tv. Im saying to myself what the hell is going on at this hospital. Finally Margaret came back in and she said she had contacted Dr Hughes or she was going to contact Dr Hughes and that my mother was fine. I could see that there was no way she was fine I talked to another nurse. I said I want her out of the room, I want her into a private room. She was having some sort of psychosis here and it wasn't beneficial for her to be with this other patient that was cursing at her and frightening her also. The tv there was something with dogs on the tv and my mother was hallucinating the dogs were

jumping out at her on the television set. This nurse this short nurse says to me let me speak with you outside, "the woman the other patient in the same room with your mother has a brain tumor, she's a very nice person and once your mother gets to know her they'll probably be best of friends. I said my mothers having some sort of psychosis and she's not going to be best of friends with anybody and she's terrified, get her out of that room now. She came back within five minutes and pushed the bed down the hallway into another room. By this point my mother was catatonic, she was in a rigid fetal position, her eyes stared at the light on the window, there was no response she kept mumbling about dogs attacking her. We couldn't get her to eat. They keep prescribing her medications. The medications I have paperwork with me here, move around so much trying to get this note, mellaril, loxatane, Elavil, norapreanmine, sinaqon, byvactil, dalamane, librium, valium. This went on for over a week she remained in this state. Doctor Hughes came in and spoke with my aunt who was arrived from Canada. My father was hospitalized also because I couldn't stop him he couldn't snap to he kept wanting more beer. I said to him things have got to be straightened out. He was down the hall from my mother, being given intravenous liquids, sedatives. Doctor Hughes spoke with my aunt and myself and he says what your mother has a serious mental illness and we're very concerned. bums a cigarette off me. My aunt asked well id like to know a little bit more about this. And he says, she asked what was causing this mental illness and he says we in the medical community don't know the causes of mental illness. He said its of hereditary nature so my aunt says to him that she had traced the family tree back ten generations, and found no indication of mental illness in the family. He was grasping for words. He says probably the sale of the house of my fathers retirement or factors in this. And my aunt says that's strange because my father went retiring for another year and they haven't sold their house, so I mentioned to my aunt they had signed some papers with a real estate agent to sell the house for them but they had not gone to the closing. At that point Hughes says do not give up hope because mental illnesses are strange and have a way of going into remission. The following day the drugs were cut. She's wasn't receiving any drugs except for a vitamin called borroca. By the end of they day she was starting to make eye

contact. She began taking food drinking more liquids more water. Her mumbling about bugs and dogs and things had stopped. She says she had mentioned that she was very constipated and she wanted and edema. The nurses gave her an edema we helped her to the bathroom three or four times. A few hours after that she snapped right out of it. She turns around and says to me, 'otto you need a haircut.' The joy we felt at that time was incredible. Knew she was back. My father had came in and he was owed to see that she was back to her usual self. One the following days she was given borroca. She wasn't given any medications. My aunt and I sat there early morning until 11 or 12 at night every night throughout this whole thing. Dr Hughes came in we haven't seen him in a few days. He came in and he says deary deary he always his English accent. Glad to see that your recovered. She was sent home with a prescription for three times the amount of alluvial that she had been prescribed previously the total was 75 mg at bedtime. Before being admitted to the hospital she had been complaining to me dryness of the mouth, constipation. All adverse effects of tricyclic medications. She was in the cellar spraying nonexistent ants. There was a very ants a few dead ants in the cellar with the spring rains and early summer rains. The ants do come in the bulk head door into the cellar, there's a crack along the floor. I had swept any ants in there, dead ants. She was spraying raid ant and roach killer. I had told her I had thought at the time it was Elavil because I read in the pdr that it can cause hallucinations. And she wasn't eating properly, no socialization. I couldn't- Anyway she was sent home- the doctor before she went into the hospital he was prescribing her two tablets daily of alluvial on the prescription. Every time she would come home she would tell me that he told her only to take one of these Elavil. And this was for quite some time a year or more before being hospitalized, only to take one alluvial a day. And that he wrote these prescriprdtions to save her money because they were cheaper in quantity, their was a house full of these drugs. She came home, I didn't want her to take the alluvial I said lets flush them damn things. When she went into the pharmacy to pick these up, what she and my aunt had told me, this was town and country pharmacy, she was told by the pharmacist he had asked her oh have you been sick I haven't seen you in here. She said I was in the hospital and the pharmacist said I thought you would get sick

taking all those medications. My aunt and my mother told me about this. They're out in the hallway now. I'm back again. Over the period of days after being released from the hospital, my father was also released from the hospital. I've got to move along with this thing. I got to bring the camera back to the rental shop. My father was released with a prescription 75 mg of librium. He was totally subdued. I had spoken with my father and we agreed she should not get anymore Elavils that it seemed serious problems happening with this medication the muscles jumping twitching, dryness. So when she came back with the prescription and said this I said maybe you shouldn't take this medication, don't take this medication. My aunt and my father fought with me that she should receive this medication again. She took the 75 mg of alluvial at bedtime began hearing people by our cellar, talking about ants eating the house, getting more and more frantic, she stopped sleeping, she wouldn't eat. I told my aunt that its getting ? She was totally confused her eyes were distant. Same things that had occurred before her hospitalization were occurring again. I could see a repeat of this. I could not do anything to stop her from taking these medications. My aunt brought my mother to Dr Hughes. at this time Dr Hughes prescribed her stellazine and carbatol a barbiturate to take. Stellazine is a neuroleptic another one of these antipsychotic drugs like Mellaril. I went to the pharmacy, my mother on the way back from the physicians office my mother tried jumping out of my aunts car. I couldn't go because my mother kept saying she would wind up in an alyssum if i went with her to see doctor Hughes, and he was going to get me. She tried jumping out of the car while she was traveling down the road. My aunt had to grab her by the arm and hold her from leaping onto the pavement and pull the car over. My aunt has a heart condition. It was very very hard on my aunt. When she came home she was- my mother was totally frantic running around the house wondering where's my sister where's my sister. My aunt had to go and get something at the store get away from it for a little bit. It was too much on her. I went to get the prescription, these prescriptions filled and when I did I had asked the pharmacist I said you had mentioned to my mother that you figured that something would happen with her taking these medications that she had been previously prescribed and he says yes I did, and when I further questioned him on it he just said that he fills the prescriptions

and to speak with the doctor. I asked him at that time what is Stellazine. I had heard that it was some sort of neuroleptic. I knew something about these medications but I wasn't informed as I am today- the severity at least, potentially dangerous drugs. he said Stellazine was neuroleptic antipsychotic medications, ? Mellaril, carbitol was a barbiturate, type of sedative, I said drugs drugs more and more of these damn drugs. I came home my mother was in she was having rigid movements again like I had seen her previous to the hospitalization. And to the mouth, I could see intense fear in her eyes, I held her it didn't seem to comfort her. She just paced back and forth. My aunts sitting in the living room, my fathers sitting in the living room reading a book. i says I'm very frightened that something is going to happen with my mother, she doesn't look good and im very frightened she had been talking about suicide at this time, she says I can't be a burden. They're after me, she was saying they were after her. She had gone through all the paid insurance sheets and thrown them in the trash which I retrieved. She began ripping the massive amount of the prescriptions that have not been filled over the period of months including the repeated prescriptions that Hughes was given my mother for me to take, alluvial, valiums, was totally frantic. I told my aunt and my father I was very afraid, she was getting worse, and it was oh maybe these medications will help her, she didn't even take these medications, she had taken a kitchen carving knife and put it under her pillow I guess or something in her bedroom. And I said to my aunt I think you better check on my mother we got to keep an eye on her. She went into my mothers room and found her standing up both her wrists have been slashed with a kitchen carving knife. There was blood everywhere, she screamed for me I came in took my mother into the living room. I had to pin her down because she was pulling down on the flesh on her- lacerations on her wrists saying that she wanted to die. My aunt called an ambulance. We put wet damp cloths on her lacerations and my father and I held her arms apart. my father had to straddle across her. The ambulance arrived the police came I knew one of the officers he was a school buddy of mine. He took off his hat came into the house spoke very softly to my mother saying the lord wants her to live, we want her to live, she was strapped into the stretcher and brought to St Joeph's. On the way going she had mentioned to my father she didn't want the siren going

cause it would disturb her. This was a very clear- She was very clear about this, it wasn't the same state that she was in, she had lost quite a bit of blood. In the hospital they stitched her lacerations she had cut one of her tendons. The surgeon said that she would be okay. My mother was reasonably clear at this point. We were discussing with her she shouldn't take these medications. She agreed, she wouldn't take alluvial again. At this point I'd like to go into a little bit about the pharmacology of these things and the adverse effects of things I've seen in the past. She had been given Mellaril many years prior, she had developed a rash and was shaking and this was a 15 mg dosage that Hughes had prescribed her, and it's in his notes. She had also been given adivan, I think it was at a 25 mg dose also known as doxapin, not adivan, adipin and the generic name was doxapin. A 25 mg dosage and she had twitching in her muscles we could actually see her muscles twitching. When she went into the hospital after being stitched up nurse Margaret again injected her with thiorazdiazine. I said maybe you should contact doctor Hughes. She said that's what the doctor had ordered and she was doing what the doctor ordered. My mother started hallucinating again, went into a catatonic state lasted she would mumble about dogs and hallucinations. They pumped her with drugs. This went on I kept saying stop the drugs to Hughes he wouldn't show up. I couldn't get access to her medical paperwork to see what drugs she had been given. I had to dig into the trash to the, the little packets from the laminated strips because these hospital packets they after they give her a drug a pill or a drug a pill or a capsule they would throw them in the trash. The nurses primarily Margaret was belligerent when it would come to asking her what she was being given for drugs. Patients were dying on this floor, they were being wheeled down the corridor. My aunt was becoming more afraid, the stress was too much, she went back to Canada and I'm glad she did because I think it would have inevitably killed my aunt watching what was going on. She couldn't believe what was happening. Doctor Hughes I had walked into the hallway, I could hear someone yelling. I walked into my mother's room. Doctor Hughes had his hands above her sutures and was grasping her tightly. His face was inches from her face, he was telling her to sign the paper. She was screaming at him your the dog faced man by this point. I had been telling her to fight the drugs,

to try to eat. She wasn't eating good. In the medical paperwork it says that she's eating fine and normal and regular. she didn't eat until a few days before her release the first time in the hospital. the second time was the same way. She didn't have regular bowel movements, she didn't have any bowel movements except for when she was given this edema. When I walked into the room and saw doctor Hughes like that she screamed at him your the dog faced man. He let go of her and there was marks on her arms where he had been holding her and grasping her tightly, and I asked him what's going on here. And he said oh i'm only trying to get your mother well and we've tried all these mediations and she needs to sign for electroshock therapy. And my mother was saying to me no I don't want any shocks I want to get out of here they're going to kill us all. I said your not going to get any shocks, my father came in we were given no explanations, we all says we don't want any of these shocks. He says you have no choice, the medications haven't worked. I kept saying cut the medications off. We said we want another opinion. At this time my father said that he wanted another opinion, Hughes pointed at my mother and said no more drugs for you, I don't want anything to do with any of you people, i'm off the case, find yourself another physician and he stormed out the room my mother became frantic, she said ill sign anything. He went down the hallway, my father had been having laryngitis for many months, he asked doctor hughes and he said aren't you going to look at my throat, I had figured at this point we were through with that guy maybe well get somebody who will stop these drugs. I've seen ten years of it im seeing her being drugged out in the hospital, Hughes goes like this to my father, waddles down the hallway. The following day a couple days later Margret was coming, i noticed some nurses in my mothers room trying to get her to sign the paper. I said don't force her to sign any paper we don't want this. My father had to sign for her rings, and it said at the top, fill- complete only if the paper is incompetent.my father had signed for these. The nurses kept coming in for paperwork for her to sign for electroshocks. One morning I went in I was calling psychiatrist none of the psychiatrist would have anything to do with me, I went into Dr. Isans office, I called over and over, i finally went over, he was supposed to call me back didn't call me back, i went in there was a patient waiting there. I said my name the receptionist

went out back, came back and said Dr issans on vacation, i said who's this patient waiting to see. Dr Von Oldenburg said that he had too many patients, couldn't accept any new patients. All these doctors were on vacation, they had too many patients. I called a psychologist and he says he couldn't even handle it because there was too much politics involved. I went in one morning and Margaret was coming out of the room with a signed paper for consent for electroshocks, i went in, i told her she's not going to get any, we don't want any, we want a second opinion, and she said well doctor Hughes as long as he's physician and we don't have another one that he's going to continue to do what he wants. I asked my mother what did you sign, she says Margaret told me that it was an insurance form and I want to make sure my bills are paid. I contacted one attorney the attorney says I can write to the board of medicine and they could go over it. She was given two electro shocks. The second electroshock- on the first electroshock I contacted doctor Hughes he was supposed to meet me in the lobby in the morning before the second electro shock, i wanted them discontinued completely. I talked to nurses the head of the floor, they just kept saying your going to have to talk to your doctor. The morning of the second shock doctor Hughes didn't show up in the lobby I went upstairs she had been given another electroshock. Margaret says you'll have to come in they're perfectly safe, you'll have to come in tomorrow and watch. At that point I knew that I had to get out of that hospital. I contacted Attorney Leonard, who had came back from vacation or something. i had been trying to contact him from the time that he was on vacation. I got my father we went down, we had him filled out a paper from doctor dun, doctor Hughes St Joesph's, we wanted a second opinion to discontinue the shocks. Doctor von olden burg took the case. He gave her some Cylert. She started to snap out of this state that she was in. He lowered the dosage of the Mellaril, continued to prescribe her various psychoactives which were anticholinergic including Benadryl , my mother had- this one on for a year. My mother had couldn't concentrate long enough to comprehend a television commercial. She would have several cigarettes in the ash trays going at the same time. My father was diagnosed with cancer, he had to go for surgery, that Hughes had diagnosed as laryngitis. I had to drive him everyday for radiation after the surgery in Manchester. Doctor von

olden burg was talking about other physicians, he said doctor Hughes would finally go out of business. Every time my mother would snap out of how he was a dope pusher and shouldn't be allowed to practice. He would say try some free samples, gave her halcyon and Xanax. Caused glassy eyes more confusion. I was doing the driving, cooking, shopping, help my mother take clothes down stairs and show her how to work the washing machine. Her memory was shot. At one time doctor von olden burg my mother doesn't like to speak about it because its kinda rude, he said the doctor ? Doctor brown, it was doctor Dunbar got a divorce from his wife and he had gone back to England. And before it was a very bad divorce and before the divorce his wife, here they are disturbing me. What? Yeah just a minute. He had said doctor Dunbars wife would spread her legs for 30 seconds and she had a little clock and she said if your not finished in 30 seconds then I'm closing my legs. He laughed over this. I didn't find it amusing at all. I figured there was some sort of dirty rumor that sounded like something that would be spread by doctor Hughes. One time while I was there right in the beginning his phone rang he picked it up he says, hello doctor dun, no its not your fault for the electroshocks, Murray is fine she's under my care and its doctor Hughes fault. I don't know what the hell that was about. Then he turns around and smiles and looks at us. She didn't make any recovery during that year. My father says she was better. Well of course she was better she wasn't hallucinating, totally? Just walking around shuffling around still with these rigid movements and couldn't concentrate and all spaced out. We went to Maine. We went and saw Dr Fleishmen. I told him we want the anticholinergic drugs cut off, the Mellaril the benedryl. He did that. he replace them with the anti anxylotic Navane. Within two weeks she started coming out of this. Still very insecure, but her concentration increased, the rigidity stopped, the intense fear. There was continuous fear. ? There was bugs or something. I tried to get the medical paperwork we had my mother sign release forms. We were given incomplete ? from St Joes hospital. There would be like a signature on the bottom and they were photocopied so light you couldn't make anything out. i had repeatedly called the drug enforcement administration. No help whatsoever. They told me go find another doctor. When i had emptied their house I had taken two trash barrels of drugs out and one trash

bag completely full of drugs, control substances and free samples. it was full of these things as evidence. The DEA wasn't interested in the least. Finally the board of medicine wrote in, a woman wrote in and told them to give my mother her medical records which I think cost her I think it was \$35. None of the physicians would have return receipts- would send photocopies to her. I just keep on, in a little bit okay.

Marie: how long five minutes

Otto: whenever just relax okay. I have been unable to get anywhere with any of this. I have been taking care of them and fighting with these doctors not to give her any anticholinergic medications at one point a physician wrote that she did have an anticholinergic delirium. Doctor Fleishman admitted nothing in his records except that he- I noticed that he was going to give her a medication which would cause her an adverse effect with another medication. Didn't even want to call me back. I had to talk to a pharmacist so the pharmacist could talk some sense into this guy. Nowhere in the records does it say anything about being coursed into electroshocks or anticholinergic delirium's, coma that is noted with neuroleptics. Ive been- this will be like the tenth move we'll be making in seven years. She's always going to move my dad just follows along with it. I've tried to get **counseling** for myself because of the severe stress of this thing. All I get is forget about it. Last psychiatrist she went and saw prescribed her some-She's off of the medications now, but he had presided her benedral to help her sleep because the FDA yanked tryptophan. Ive been- I was arrested.