

Document info

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Performed by: Edsel Bittencourt
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Physical Therapy Outpatient Return

Patient: OTTO SNOW

Patient: SNOW, OTTO MRN: 7-691-328-4 FIN: 210240644
Age: 58 years Sex: Male DOB: XXXXXXXXXX
Author: Bittencourt PT, Edsel B.

Subjective

Mr. snow comes to physical therapy today with some complaints of right lower abdominal discomfort, right hip discomfort, low back discomfort. Patient has been following exercise performed in his first physical therapy session and also would like to discuss exercise performed in previous physical therapy in the past..

Pain Assessment

Visual analog scale: 3 out of 10.
lower back/sacroiliac joint and abdominal wall.

Treatment

patient was treated for manual therapy x40 minutes to improve bilateral hip function, to improve myofascial flexibility of the abdominal wall, to improve myofascial flexibility of bilateral hip capsules in all planes especially in internal rotation and external rotation. We performed grade 3 and 4 mobilizations of the hip capsule, sacroiliac joint, lower lumbar spine, and position release of the hip flexors.

Assessment

Clinical Impression/Assessment

patient will benefit from continued physical therapy to improve the flexibility of the myofascial structure of the abdominal wall and sacroiliac joint. We also will continue to review his exercise program and indicat the best approach to get his core strength improved by suggesting the appropriate exercise..

Plan

Plan of Care: Continue with current plan of care.
Orders/Charges: Order-Charge Entry (Selected)

Outpatient Orders

Order Processing

zz Manual Therapy PT: , Total timed units: 40 minutes, Total treatment time: 40 minutes.